

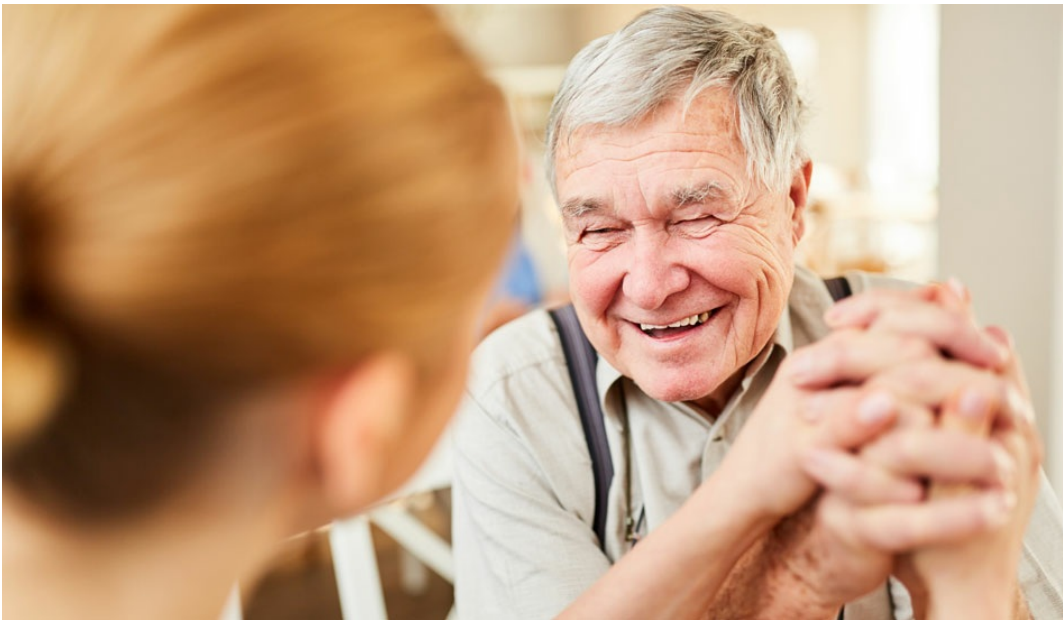


A Community #ForAllAges

Age-Friendly Sarasota

January 2020

Dementia Care and Cure Initiative: Developing Dementia Caring Communities Across Florida



[The Dementia Care and Cure Initiative \(DCCI\)](#) is a statewide effort for communities to become more dementia-friendly through awareness and education. DCCI welcomes and supports those diagnosed with Alzheimer's and related dementias, their families, and caregivers.

With approximately 520,000 individuals currently living with Alzheimer's disease, Florida has the second-highest incidence of Alzheimer's in the nation. This number does not include individuals living with another form of dementia or those who currently provide care for a loved one with dementia. Dementia does not only affect the person diagnosed; it also impacts family and loved ones.

In collaboration with Florida's Area Agencies on Aging and Memory Disorder Clinics, Sarasota is fortunate to have a DCCI Task Force in our community. The Sarasota DCCI Task Force has been actively working for the past year to create educational materials and recruit volunteers from within the aging network to be trained to teach the curriculum.

Volunteers are ready to get started with training local restaurants, bank, libraries or any other business interested in educating staff on how to best serve customers who are living with Alzheimer's disease or other dementias.



Caregiver College: Come to one or come to all

Mondays
10:30am - 12:00pm

When All That's Left Is Love

Thursday, January 23
5:15pm - 8:00pm

Planning for Aging Symposium and Fair

Wednesday, January 29
9:00am - 3:00pm

The ReCODE protocol

Tuesdays
February 4, 11, 18
5:30pm - 7:30pm

Third Annual Living Symposium & Fair

Tuesday, February 11
9:00am - 3:00pm

The Parkinson' Expo

Saturday, February 29
9:00am - 3:30pm

**Searching for your
Lifetime of
Happiness?**



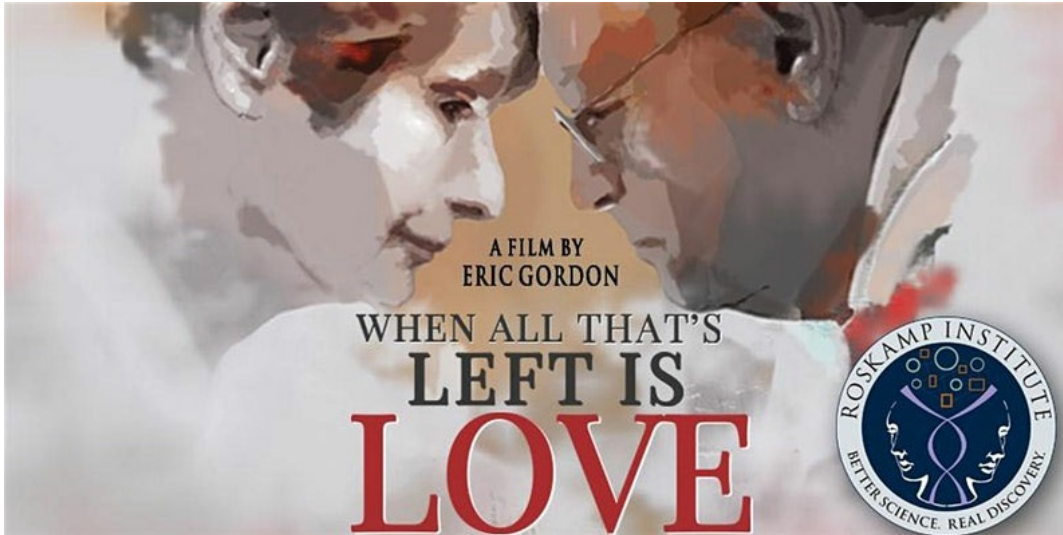
The DCCI Initiative is another positive step in creating an Age-Friendly Community [#ForAllAges](#) that empowers all people to live purposeful, active lives that promote inclusion and respect.

For more information on becoming a dementia caring business, please contact DCCI@elderaffairs.org or call Danielle Valery at the Memory Disorder Clinic 941-917-7930.

[Click here for details about Caregiver College](#), with FREE classes beginning January 13 and lasting through the end of April.



A Movie for a Cause



The Roskamp Institute and director Eric Gordon invite you to attend the Sarasota premiere of the acclaimed movie "When All That's Left is Love" at Burns Court Cinema in Sarasota. All proceeds from the event will support the [Roskamp Institute](#).

When All That's Left is Love is the emotionally gripping story of a wife's determination to care for her Alzheimer's-stricken husband in their home. With unprecedented, behind-the-scenes access, the film reveals the toll that the disease takes on families coping with Alzheimers, while also showcasing the power of love that sustains both patients and caregivers.

The Sarasota premiere is Thursday, Jan. 23, 2020, at 506 Burns Ct, Sarasota, FL 34236. [Click here for details and tickets](#).

Looking forward, past the busy holiday season, how would you like to make your New Year's Resolution to "be happier"?

That is exactly what A Lifetime of Happiness is all about.

On January 1, a new podcast launched, taking listeners on a journey to explore the connection between well-being and aging.

A Lifetime of Happiness was inspired by experiences working with Sarasota County's older adults over the past decade with amazing stories to share.

Personal stories and interviews will be coupled with insights from experts in the field of aging, psychiatry, and well-being to help spread happiness to people of all ages.

A Lifetime of Happiness is for anyone who seeks to find a more joyous existence. Each episode will focus on a general topic related to finding happiness, with initial offerings on "Charity and Giving Back" and "Loving Your Body." There will be an uplifting and positive message in every episode that we can

Stepping Forward Book Circles

Why would you step forward to Join a book circle?

Stepping Forward shows us how to channel our aspirations, energies, and frustrations to get on a more hopeful path. The book outlines how we can step forward to --



→ See and hear each other and afford every person human dignity.

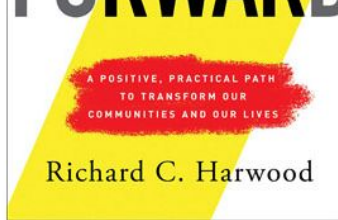
→ Rediscover what we share in common by focusing on our shared aspirations, even amid our real differences.

→ Recognize we must tap into our innate capabilities to produce meaningful change.

→ Forge a new shared responsibility to gather community resources to solve problems and harness people's yearning for genuine engagement.

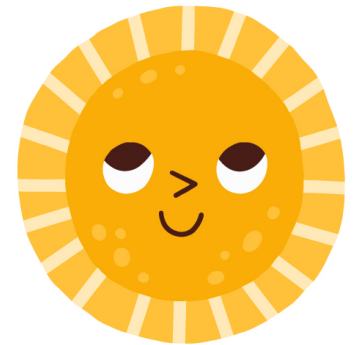
Many of you may be hearing about [Rich and The Harwood Institute for Public Innovation](#) for the first time. We hope by now we have earned your trust and you will take a leap of faith to explore the possibilities...

[LEARN MORE](#)



each relate to.

[Click here for more information about A Lifetime of Happiness.](#)



To share news or information, contact the editor at ssternberg@thepattersonfoundation.org.