



A Community #ForAllAges

October 2019

As a member of the Age-Friendly Sarasota family, we want you to be aware of a few meaningful opportunities happening at the end of October and into November. We hope you will share this newsletter with family and friends, further demonstrating how each can connect with possibilities.

## Rich Harwood Live *Stepping Forward*

**NOVEMBER**

S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
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# OCTOBER 2019

**DECEMBER**

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22	23	24	25	26	27	28
29	30	31				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
		<b>Rich Harwood Live Events</b>				
27	28	29	30	31		



Bradenton



Sarasota

[CLICK HERE TO ACTIVATE THE CALENDAR/REGISTER](#)

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On October 29 and 30, [The Patterson Foundation](#) is bringing Rich Harwood to the region to discuss his new book, *Stepping Forward*.

## What is Stepping Forward?

*Stepping Forward* shows us how to channel our aspirations, energies, and frustrations to get on a more hopeful path. The book outlines how we can step forward to -

- See and hear each other and afford every person human dignity.
- Rediscover what we share in common by focusing on our shared aspirations, even amid our real differences.
- Recognize we must tap into our innate capabilities to produce meaningful change.
- Forge a new shared responsibility to gather community resources to solve problems and harness people's yearning for genuine engagement.

Many of you may be hearing about Rich and The Harwood Institute for Public Innovation for the first time. We hope by now we have earned your trust and you will take a leap of faith to explore the possibilities...

Register [HERE](#):

- October 29 in [Bradenton](#)
- October 30 [Sarasota](#)

# "BRAIN MATTERS" An International Documentary with a Local Connection

Calling all grandparents....

DECEMBER

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JANUARY

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# NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Why is it that some children thrive while others do not? Is it a matter of genetics, IQ, socioeconomic background or education?

In "Brain Matters," Director Carlota Nelson travels the world - including Sarasota, FL - to interview scientists, psychologists, and other early childhood development experts to reveal the essential factors which go into helping young children thrive.

Join the Suncoast Campaign for Grade-Level Reading for an official screening of the new, 72-minute documentary film "BRAIN MATTERS," a buffet, and a panel discussion led by The Florida Center for Early Childhood.

Together, we will learn how to positively influence our children's brain architecture through family engagement and positive learning experiences to prepare their minds for future opportunities.

**FREE to attend**  
**Seating is limited**  
**Please respond by Friday, October 25th**

**[REGISTER HERE](#)**  
[dates, times, and locations are  
included in the registration link]

## Sarasota in Motion



The City of Sarasota's Planning Department has begun working on the first city-wide transportation master plan, called [Sarasota In Motion](#).

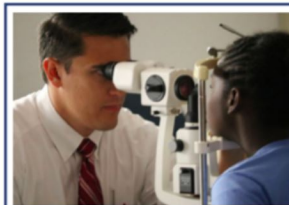
So far, an estimated 2,500 people have participated. Have you?

This survey aims to outline strategies for the next 25 years.

Access the interactive map, and zoom in on specific streets, intersections, and routes to post your comments or ideas.

[LEARN MORE](#)

Free medical, dental & vision care for anyone who needs medical help and can't afford it.  
No insurance, medical records or proof of citizenship required.



### 2019 SCHEDULE

**Saturday**  
10/12/19, 6 a.m. - 4 p.m.

**Sunday**  
10/13/19, 6 a.m. - noon

Manatee Technical College  
6305 State Road 70 East  
Bradenton, FL 34203

### HOW IT WORKS

- Help is first come, first served.
- Tickets for services are distributed in the MTC parking lot at 3 a.m.
- Clinic doors open at 6 a.m.

Call Today • 865.579.1530 • [ramusa.org](http://ramusa.org)

FREE medical, dental, and vision care for anyone who needs medical help and can't afford it.

**No insurance, medical records or proof of citizenship required.**

**When:** October 12-13, 2019

**Where:** Manatee Technical College

**HOW IT WORKS:** Help is first come, first served. Tickets for services will be distributed at 3am in the parking lot.

Please share this information with anyone who may benefit from these services.