



A Community for All Ages

Saturday, April 14, 2018

vol·un·teer

noun: **volunteer**; plural noun: volunteers

1. A person who freely offers to take part in an enterprise or undertake a task.

This word is about doing, giving, and helping. In celebration of [#NationalVolunteerWeek](#) (April 15-21), Age-Friendly Sarasota (AFS) wants each of you to know that when you volunteer, you become a superhero!

Here are just a handful of reasons why:

- Volunteers offer vital help to people in need, causes, and the community
- In BIG and little ways, YOU impact the lives of others
- Volunteers work with their hearts
- Volunteers help others by sharing their life experiences, skills, and passions with those around them





TOMORROW IS GOOD DEEDS DAY!

What is Good Deeds Day?

Kicking off National Volunteer Week in the U.S., #GoodDeedsDay (April 15) is a global day that unites people from 100 countries to do good deeds for the benefit of others and the planet. Since 2007, millions of people from thousands of communities, organizations, and businesses join together every year to volunteer and do good.





Watch How A Single Good Deed Can Change The World and get inspired
(5-minute video)

Here are some good deeds done around the world on Good Deeds Day that anyone can do:

- Volunteer at the local animal shelter.
- Spend time with another person.
- Teach someone something new.
- Brighten someone's day by giving them a flower.
- Clean up a park.
- Buy someone a coffee.

Now it's your turn! AFS hopes you will share your or someone else's good deed on Sunday, April 15 with our community by taking a picture and posting it on Age-Friendly Sarasota's [Facebook](#) or [Twitter](#) page using #GoodDeedsDay!



Do your little bit of good wherever you are;
it's those little bits of good put together
that overwhelm the world."

— DESMOND TUTU



[#NationalVolunteerWeek](#) is a time to celebrate the impact of volunteer service on our communities. The local events, volunteer projects and [social media conversations](#) that take place during this week demonstrate that volunteer service unites -- bringing people together to tackle society's tough challenges, spark change, and build stronger, more resilient communities.



Connecting

AFS is taking a quick poll to bring people and organizations together to strengthen our community.

How Do You Learn About Volunteer Opportunities?



Sharing

Begin Forging Intergenerational Bonds In Our Community



There are a variety of volunteer opportunities #ForAllAges on Saturday, April 28 at the Suncoast Campaign for Grade-Level Reading Summer Book Challenge Blast-Off training session. With more than 50 volunteers needed throughout the day to make it successful, this is a great opportunity to have your friends and family join you in volunteering!

I WANT TO LEARN MORE

To share news or information, contact the editor at ssternberg@thepattersonfoundation.org.