



# F AGE FRIENDLY SARASOTA R ALL AGES



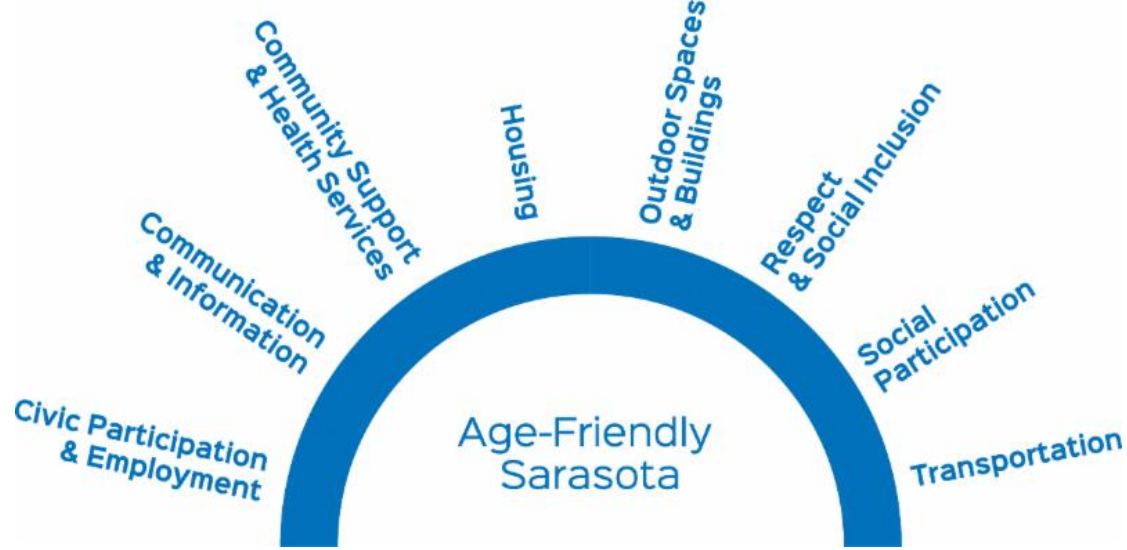
Welcome to **March!**

*"Only those with tenacity can march forward in March"*

- Ernest Agyemang Yeboah

What a perfect quote to frame a guiding principle of Age-Friendly Sarasota (AFS) for our March newsletter. In our tagline "A community for all aGes," the letter "G" stands for "Grassroots Engagement Across Multiple Sectors." The term refers to the collective actions of ordinary people, involving several distinct areas of our community.

Age-Friendly Sarasota is an initiative that engages **Government, Business, Nonprofits, Media, and People** throughout Sarasota County to co-create a community that engages active, healthy, and engaged living for people at all life stages and abilities across the life course. Specifically, this refers to community features in each of these areas of community life:



Clearly all of the sectors and each one of us contribute unique assets to community life; we each can make a difference individually and together.

YOU can help us co-create our collective age-friendly blueprint for the upcoming three years by determining what age-friendly actions you, your group, organization or business plan to undertake from 2017 - 2020 or beyond.

Please contact us 941-444-0243 or [info@agefriendlysarasota.org](mailto:info@agefriendlysarasota.org) to share your current age-friendly efforts or future plans!

---

## **CELEBRATING AFS: Communication and Information across Multiple Sectors**

Age-friendly communities make sure that information about community events or important services is both readily accessible and in formats that are appropriate for persons of all ages. Consider our communication assets across the following sectors:

### **Government:**

[Access Sarasota](#), available via Sarasota County Government, provides information about all Sarasota County meetings and agendas to keep residents abreast of county efforts.

### **Business:**

Published by Seniors Blue Book in print and online, [Seniors Blue Book](#) provides a host of resources to age well.

## **Nonprofits:**

Sponsored by the Friendship Centers, [Prime Times](#) is a monthly publication that lists a wide range of activities of interest to retired persons.

## **Community:**

The [Living in Community Network](#) is an online forum run by local residents that shares opportunities to meet and attend social activities and other event gatherings.

## **Media:**

New Wrinkles is a weekly publication of the Sarasota Herald Tribune, written by the venerable reporter of aging news Barbara Peters-Smith. Check out her next column on Tuesdays at [www.heraldtribune.com](http://www.heraldtribune.com).



## **DSCA Forum on Optimal Living in Sarasota**

Join Kathy Black -- AFS consultant and recent winner of the Award of Excellence in the International Journal of Aging and Society, Volume 6 -- and other community experts on Wednesday, April 12, 2017 for a forum on optimal living in SRQ.



Buffet Lunch included at the Hyatt Regency Sarasota 1000 Boulevard of the Arts Sarasota, FL 34236.

## **FORUM AGENDA**

9:30 AM: Registration, Check-In, and Sponsor Displays

10:30 AM: Welcome  
10:40 AM: Segment 1 Presentations  
12:00 PM: Buffet Lunch and Sponsor Displays  
1:00 PM: Segment 2 Presentations  
2:00 PM: Panel Discussion/Q&A  
2:30 PM: Closing Remarks

[LEARN MORE](#)

---

GET CONNECTED:



Want to share an upcoming event or program related to making Sarasota County Age-Friendly? Email AFS at [info@AgeFriendlySarasota.org](mailto:info@AgeFriendlySarasota.org) and share your ideas!

[#AgeFriendly](#)  
[@AgeFriendlySRQ](#)  
[AFS Facebook Page](#)  
[AFS Website](#)  
[Newsletter Sign Up](#)